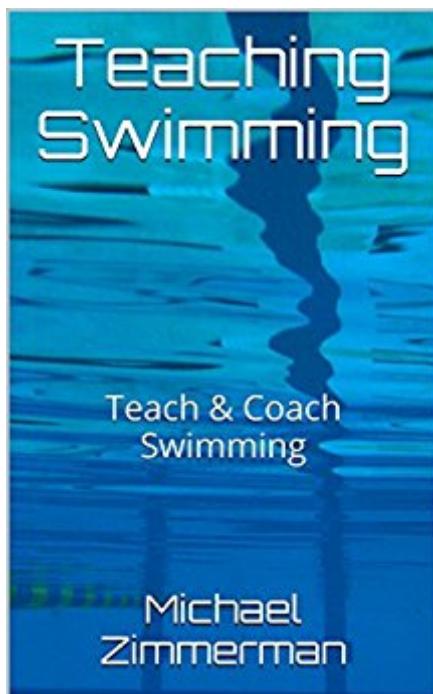


The book was found

Teaching Swimming: Teach & Coach Swimming



Synopsis

This is an excellent book to teach swimming lessons or for coaches. It breaks down the basic skills of swimming, common mistakes & fixes, and outlines each day of lessons. All four strokes are included and advanced skills and drills are also broken down.

Book Information

File Size: 529 KB

Print Length: 54 pages

Publication Date: November 9, 2014

Sold by: Digital Services LLC

Language: English

ASIN: B00PG5AXF6

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #416,999 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #52

in Kindle Store > Kindle eBooks > Nonfiction > Sports > Water Sports > Swimming #114

in Kindle Store > Kindle eBooks > Teen & Young Adult > Sports & Outdoors #162

in Books > Health, Fitness & Dieting > Exercise & Fitness > Swimming

Customer Reviews

Interesting and to the point. This book is more of an introduction to freestyle swimming. After reading it I feel more confident in instructing my track and field athletes who use swimming as cross training during the summer. I would have given higher ratings of instructions for teaching the breast stroke (a very important safety stroke for non-competitive swimmers) was included. Overall a good book.

A simple and easy to follow steps for the beginners. It covers all important aspects of swimming for starters. The last chapter containing timeline for steps is great addition to the book.

[Download to continue reading...](#)

Teaching Swimming: Teach & Coach Swimming Survival Swimming: Swimming Drills to Learn and Improve on the Five Best Swimming Strokes for Survival (Survival Fitness Series Book 4) Becoming a Professional Life Coach: Lessons from the Institute of Life Coach Training Make Money As A Life Coach: How to Become a Life Coach and Attract Your First Paying Client 101 Tennis Tips From A World Class Coach VOLUME 1: A Common Sense Approach to Tennis (101 Tennis Tips From A World Class Tennis Coach) The Strange Swimming Coach (Dallas O'Neil and the Baker Street Sports Club Book 5) SWIMMING: The Ultimate Guide to Mastering the Four Major Swimming Strokes The Swimming Triangle: A Holistic Approach to Competitive Swimming The Swimming Psychology Workbook: How to Use Advanced Sports Psychology to Succeed in the Swimming Pool Swimming: Swimming Made Easy: Beginner and Expert Strategies for Becoming a Better Swimmer Triathlon Swimming Made Easy: The Total Immersion way for anyone to master open-water swimming Teach Your Kids to Swim: Tips and tricks for fun-for-everyone swimming lessons Confident Coach's Guide to Teaching Lacrosse: From Basic Fundamentals To Advanced Player Skills And Team Strategies Knowing the Score: What Sports Can Teach Us About Philosophy (And What Philosophy Can Teach Us About Sports) Understand Postmodernism: A Teach Yourself Guide (Teach Yourself: General Reference) Complete Portuguese: A Teach Yourself Guide (Teach Yourself Language) Complete Spanish with Two Audio CDs: A Teach Yourself Guide (Teach Yourself Language) Teach'n Volleyball Guide for Parents & Coaches (Series 1 Teach'n) Alfred's Teach Yourself to Play Mandolin: Everything You Need to Know to Start Playing Now! (Teach Yourself Series) Alfred's Teach Yourself to Play Banjo: Everything You Need to Know to Start Playing the 5-String Banjo, Book, CD & DVD (Teach Yourself Series)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)